

**Madigan Army Medical Center
Ft. Lewis Washington 98431
Urology (253) 968 – 1579**

Preparing for Urodynamics

Urodynamic is a test to see how well your bladder is functioning

- 1) Please alert your doctor if you have any of the following:
 - a) Disease of the heart valves.
 - b) History of heart defects.
 - c) History of endocarditis.
 - d) History of artificial joints.
 - e) History of genitourinary prosthesis.
 - f) History of bleeding disorders.
 - g) If you are taking any medications that thin the blood (i.e. Coumadin or anticoagulants).
 - h) Blood borne infections (ie. Hepatitis A, B, C or HIV).
 - i) Drug allergies
 - j) Difficulty moving from a sitting to standing position.
- 2) Please bring a list of all current medications to include any vitamins or supplements.
- 3) Do not fast before this procedure.
- 4) Please take all of your medications as prescribed unless directed otherwise by a physician.
- 5) Please arrive approximately half an hour before your scheduled appointment time. Please anticipate your appointment will last 45 and 60 minutes.
- 6) Upon arrival, you will be asked to provide a urine specimen. If your urine appears to be infected your procedure may need to be rescheduled. Please inform the staff if you catheterize your bladder.
- 7) During this procedure a small catheter will be inserted into your urethra to administer the contrast solution and to measure the bladder pressure, a small pressure sensor / balloon will be inserted in your rectum to measure the abdominal pressure, and electrodes (like EKG leads) will be placed on the surface of your skin to measure muscle activity. One lead will be placed on the knee, and two other leads will be placed on the inner buttock.
- 8) Female patients may be required to complete a pregnancy test 24 to 48 hours before this procedure. Please alert the urology clinic if know or suspected you are pregnant.

If you have any questions or concerns, please call the Urology Clinic during duty hours (08:00 to 16:00 Monday to Friday).

Robert C. Allen
COL, MC
Chief, Urology Clinic