

**Madigan Army Medical Center
Ft. Lewis, Washington 98431
Urology (253) 968-3286**

Preparing for cystoscopy

During a cystoscopy the urologist will use a scope to examine the inside of the bladder. A topical anesthetic jelly will be applied before the cystoscopy procedure to alleviate discomfort.

- 1) Please alert your doctor if you have any of the following:
 - a) Disease of the heart valves.
 - b) History of heart defects.
 - c) History of endocarditis.
 - d) History of artificial joints.
 - e) History of genitourinary prosthesis.
 - f) History of bleeding disorders.
 - g) If you are taking any medications that thin the blood (i.e. Coumadin or anticoagulants).
 - h) Blood borne infections (ie. Hepatitis A, B, C or HIV).
 - i) Drug allergies.
- 2) Please bring a list of all current medications to include any vitamins or supplements.
- 3) Do not fast before this procedure.
- 4) Please take all of your medications as prescribed unless directed otherwise by a physician.
- 5) Please arrive approximately half an hour before your scheduled appointment time.
- 6) Upon arrival, you will be asked to provide a urine specimen. If your urine appears to be infected your procedure may need to be rescheduled. Please inform the staff if you catheterize your bladder.
- 7) Cystoscopy is a 5 to 10 minute procedure. Preparing the equipment however requires more time. Please be prepared to spend up to one hour or more for your cystoscopy appointment.

If you have any questions or concerns, please call the Urology Clinic during duty hours (08:00 to 16:00 Monday to Friday). If you need help after duty hours please call or go to the Emergency Room (253) 968 – 1390.

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