

**Madigan Army Medical Center
Ft. Lewis, Washington 98431
Urology (253) 968-3286**

Preparing for a circumcision

An adult circumcision is a surgical procedure that removes the foreskin from the penis.

- 1) Please alert your doctor if you have any of the following:
 - a) Disease of the heart valves.
 - b) History of heart defects.
 - c) History of endocarditis.
 - d) History of artificial joints.
 - e) History of genitourinary prosthesis.
 - f) History of bleeding disorders.
 - g) If you are taking any medications that thin the blood (i.e. Coumadin or anticoagulants).
 - h) Blood borne infections (ie. Hepatitis A, B, C or HIV).
 - i) Drug allergies.
- 2) Please bring a list of all current medications to include any vitamins or supplements.
- 3) Do not fast before this procedure.
- 4) Do not take any aspirin or aspirin related products for at least 7 days prior to your procedure. You may take Tylenol or acetaminophen. Please take all of your regular medications as prescribed unless directed otherwise by a physician.
- 5) Please arrive approximately half an hour before your scheduled appointment time.
- 6) It is your responsibility to ensure that you will not deploy or go to the field for the first two weeks after your circumcision.

If you have any questions or concerns, please call the Urology Clinic during duty hours (08:00 to 16:00 Monday to Friday). If you need help after duty hours please call or go to the Emergency Room (253) 968 – 1390.

Robert C. Allen
COL, MC
Chief, Urology Clinic