

**Madigan Army Medical Center
Ft. Lewis Washington 98431
Urology (253) 968 – 1579**

Preparing for a BCG instillation

- 1) Before the treatment:
 - a) Please come to the clinic prepared to give a urine sample. **A urine sample is required before every BCG treatment.** If there is evidence of an infection in your urine, your treatment may need to be rescheduled.
 - b) Once a physician has examined your urine, we will instruct the Madigan Oncology Pharmacy to prepare your BCG treatment. It will take approximately 45 minutes to prepare your medication.
 - c) You will be asked to completely empty your bladder immediately prior to the instillation of the BCG medication. This is necessary to ensure you receive the proper dose, and that you will be able to hold the medication in your bladder.

- 2) During the treatment:
 - a) Your medication will be administered via catheter directly into your bladder. You will be required to hold this medication in your bladder for 1 ½ to 2 hours. After the medication is instilled in the bladder the catheter will be removed.
 - b) It is important that the BCG medicine have prolonged contact with the entire surface of the bladder. You will begin your treatment by lying on your back. After 15 minutes you will be asked to turn onto your side. For the 2 hours the medicine is in your bladder, you will need to change position from side to side and from front to back every 15 minutes. Please alert the urology staff if you require help while turning.

- 3) After the treatment:
 - a) The afternoon after your BCG treatment please drink 4 to 6 glasses of fluid and try to urinate every 2 to 3 hours. You will also be given a BCG care sheet please read and follow the instructions.

If you have any questions or concerns, please call the Urology clinic during duty hours (08:00 to 16:00 Monday to Friday.) If you need help after duty hours please call or go to the Emergency room (253) 968 – 1390.

Robert C. Allen
COL, MC
Chief, Urology Clinic