

**Madigan Army Medical Center
Ft. Lewis, Washington 98431
Urology (253) 968-3286**

Preparing for vasectomy

Vasectomy is a minor surgery that divides the tube (vas deferens) that transmits sperm from the testicles and renders the patient sterile.

- 1) Please alert your doctor if you have any of the following:
 - a) Disease of the heart valves.
 - b) History of heart defects.
 - c) History of endocarditis.
 - d) History of artificial joints.
 - e) History of genitourinary prosthesis.
 - f) History of bleeding disorders.
 - g) If you are taking any medications that thin the blood (i.e. Coumadin or anticoagulants).
 - h) Blood borne infections (ie. Hepatitis A, B, C or HIV).
 - i) Drug allergies.
- 2) Please bring a list of all current medications to include any vitamins or supplements.
- 3) Do not fast before this procedure.
- 4) Do not take any aspirin or aspirin related products for at least 7 days prior to your procedure. You may take Tylenol or acetaminophen. Please take all of your regular medications as prescribed unless directed otherwise by a physician.
- 5) Make arrangements to have someone drive you home after your appointment.
- 6) Please bring an athletic supporter / jock strap, military ID card, and medical records to your vasectomy appointment.
- 7) Shave from the base of your penis to the bottom of your scrotum the morning of your vasectomy appointment.
- 8) You will be given 72 hours of quarters after your surgery. You must take your quarters slip to your unit.
- 9) It is your responsibility to ensure that you will not deploy or go to the field for the first two weeks after your vasectomy.

If you have any questions or concerns, please call the Urology Clinic during duty hours (08:00 to 16:00 Monday to Friday). If you need help after duty hours please call or go to the Emergency Room (253) 968 – 1390.

Robert C. Allen
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Chief, Urology Clinic