

**Madigan Army Medical Center  
Ft. Lewis Washington 98431  
Urology (253) 968 - 1579**

**Care after a prostate needle biopsy**

- 1) Mild side effects are common after a prostate needle biopsy and can include discomfort in the perineal or penis and slight burning with urination.
- 2) Do not be alarmed if you notice:
  - a) Slight blood streaking in your bowel movements. You may even pass a small blood clot from the rectum before your first bowel movement.
  - b) Blood in your urine or small blood clots at the beginning of your urine stream for several days.
  - c) Blood in your ejaculate for up to 3 months following your biopsy.
- 3) Please take the antibiotic medicine as directed.
- 4) Drink plenty of water to keep your urine faint pink to clear in color.
- 5) Avoid strenuous activity or heavy exercise for three days following your biopsy. You may resume taking aspirin and aspirin-like products three days after your biopsy.
- 6) Serious problems to watch out for it after your prostate needle biopsy include:
  - a) Persistent bleeding: large, bloody bowel movements; frequent bloody bowel movements, or persistent spotting of blood on the clothing which does not stop.
  - b) Fever: a temperature greater than 101° Fahrenheit may indicate a serious infection.
  - c) Urinary retention: the feeling it that you need to urinate but aren't able to do so.

If these symptoms occur, please call or report to the urology clinic for evaluation during normal clinic hours or report to the emergency room after clinic hours.

Please contact the urology clinic at (253) 968-3286 or 968-1579 between 8:00 AM and 4:00 PM, Monday through Friday, with any further questions. If you need help after duty hours please call or go to the Emergency Room (253) 968 – 1390.

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