

**Madigan Army Medical Center
Ft. Lewis, Washington 98431
Urology (253) 968-3286**

Preparing for a prostate biopsy

A transrectal ultrasound and prostate needle biopsy uses an ultrasound probe in the rectum to locate the prostate and take prostate biopsies. This procedure requires about 30 minutes.

- 1) Please alert your doctor if you have any of the following:
 - a) Disease of the heart valves.
 - b) History of heart defects.
 - c) History of endocarditis.
 - d) History of artificial joints.
 - e) History of genitourinary prosthesis.
 - f) History of bleeding disorders.
 - g) If you are taking any medications that thin the blood (i.e. Coumadin or anticoagulants).
 - h) Blood borne infections (ie. Hepatitis A, B, C or HIV).
 - i) Drug allergies.
- 2) Please bring a list of your current medications to include any vitamins or supplements.
- 3) Do not fast before this procedure.
- 4) Your urologist has prescribed an oral antibiotic for you. Please take this medication as directed. You have been given a Fleets enema. Please use the enema 1 hour before your biopsy appointment.
- 5) Do not take any aspirin or aspirin related products for at least 7 days prior to your procedure. You may take Tylenol or acetaminophen. Please take all of your regular medications as prescribed unless directed otherwise by a physician.
- 6) Please arrive at the clinic 10 minutes before your appointment time and do not urinate immediately before your procedure. You will need to give a urine sample immediately after your procedure.

If you have any questions or concerns, please call the Urology clinic during duty hours (08:00 to 16:00 Monday to Friday).

Robert C. Allen
COL, MC
Chief, Urology Clinic