

**Madigan Army Medical Center
Ft. Lewis Washington 98431
Urology (253) 968 - 1579**

Care after an adult circumcision

- 1) Remove dressing 24 hours after surgery.
- 2) You may shower 24 hours after surgery. Wash the incision with mild soapy water. Do not scrub or rub over the incision. Allow the incision to dry completely after showering. No tub baths or soaking the incision for 2 weeks.
- 3) Apply the prescribed ointment to the incision twice a day until the incision is healed and all the stitches have fallen out.
- 4) A small amount of blood from the incision, bruising, pain, and swelling are normal and should begin to subside 72 hours after surgery. Take your pain medications as prescribed.
- 5) No PT (physical training) or strenuous activity for 2 week. You must take your profile and quarters paperwork to your unit.
- 6) No sexual intercourse or masturbation for 3 weeks.
- 7) Stitches are above the skin and will fall out on their own in 7-14 days. It is normal to see a small amount of drainage from the stitch sites.
- 8) Call the clinic during duty hours or the emergency room after hours when:
 - a) There is increased drainage from the incision,
 - b) bleeding that saturates the dressing,
 - c) marked swelling,
 - d) pain that is not relieved by prescription medications,
 - e) or fever greater than 101 degrees F.

Please contact the urology clinic at (253) 968-3286 or 968-1579 between 8:00 AM and 4:00 PM, Monday through Friday, with any further questions. If you need help after duty hours please call or go to the Emergency Room (253) 968 – 1390.

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