

# Madigan Army Medical Center Referral Guidelines

## Breast Reconstruction

### Diagnosis/Definition

Any breast deformity (congenital or acquired). Examples:

- Surgical absence.
- Congenital deformity.
- Significant breast asymmetry (developmental or acquired).
- Acquired deformity as a result of prior trauma, surgery, infection or disease.

### Initial Diagnosis and Management

Diagnosis: Physical exam of breast.

Management: Referral to Plastic and Reconstructive Surgery.

### Ongoing Management

Patient evaluation to determine candidacy for reconstruction.

### Indications for Specialty Care Referral

As above.

### Criteria for Return to Primary Care

After surgery has been performed and the appropriate follow-ups with Plastic Surgery are completed, the patient should be returned to their respective primary care provider.

### Reference

Thorne CH, Beasley RW, Aston SJ, et al ed. Grabb and Smith's plastic surgery, ed 6. Philadelphia: Lippincott Williams & Wilkins; 2007.

Last Review for this Guideline: **October 2012**  
Referral Guidelines require review every three years.

Maintained by the Madigan Army Medical Center - Quality Services Division  
Clinical Practice and Referral Guidelines Administrator