

# Madigan Army Medical Center Referral Guidelines

## Adult Sexual Assault

### Population served

Patients that meet definition criteria (below) who are active duty and/or DOD beneficiaries, in situations that do not meet Family Advocacy (FAP) mandates as defined in AR 608-18. Children under the age of 18 are not served under the sexual assault program.

### **Diagnosis/Definition**

- A sexual assault allegation is defined as any person who reports the commission of a sexual assault upon him or herself, or is identified as a person who has been subjected to a sexual offense. In the State of Washington the age of consent is 16. There are several types of sexual assault to include:
  - Rape, which includes; physical force (an act of forced sexual intercourse without consent)
  - constructive force (the use of threats, intimidation or the abuse of authority, which can cause the victim to believe that death or injury would occur if he/she resisted)
  - date/acquaintance rape (an attack by someone the victim knows)
  - marital rape (forcible intercourse by the victim's spouse without consent)
  - Forcible sodomy (oral or anal sex forced upon a person without his/her consent)
  - Indecent assault (someone assaults a person to gratify his/her sexual desires)

### **Initial Diagnosis and Management**

- History and physical exam. If the alleged assault occurred within 96 hours of the report a referral to the Emergency Department is appropriate. The ED protocol will be followed to include direct contact with a Sexual Assault Care Coordinator (SACC) during the duty day or an electronic consult to M\_Social Work after hours for case management and care coordination services. If the alleged assault occurred over **96** hours prior to the report, direct contact and/or an electronic consult to Social Work for case management and care coordination services is appropriate.
- Victims of sexual assault have rights under the Victim's Right's and Restitution Act of 1990 that must be respected in the medical setting which include: the right to be treated with fairness and respect for their dignity and privacy and the right to be reasonably protected from the accused offender.
- Sexual assault is a crime. Reporting this crime to law enforcement is the decision of the victim. Victims can elect "restricted" reporting, with the assistance of a victim advocate, which means that neither law enforcement nor command can be informed of the assault and the individual can still receive medical care and counseling.

### **Ongoing Management and Objectives**

- Ensure victim safety
- Assessment
- Medical/Behavioral Care
- Case Management
- Treatment follow-up for the victim should he/she elect it

### **Indications for Specialty Care Referral**

Any patient who alleges he/she has been sexually assaulted should be referred to Social Work via telephone or by electronic consult to M\_Social Work for case management and exploration of psychosocial treatment options. Adult family members who allege a childhood history of sexual assault will be referred to **The Child and Family Assistance Center (CAFAC)** for psychosocial treatment.

### **Criteria for Return to Primary Care**

Patients will be assigned a specially trained Sexual Assault Care Provider. The provider will treat patient's sexual assault related condition. Primary Care should continue to provide medical treatment for conditions not related to the assault.

Last Review for this Guideline: **November 2012**

Referral Guidelines require review every three years.

Maintained by the Madigan Army Medical Center - Quality Services Division  
Clinical Practice and Referral Guidelines Administrator