

SOLDIER & FAMILY READINESS SERVICE

BEHAVIORAL HEALTH SERVICES FOR SOLDIERS AND FAMILY MEMBERS

253-968-5140



- Adjusting to life with family member deployed?
- Overwhelmed?
- Stressed?
- Can't sleep?
- Sad?
- Irritable?
- Relationship problems?

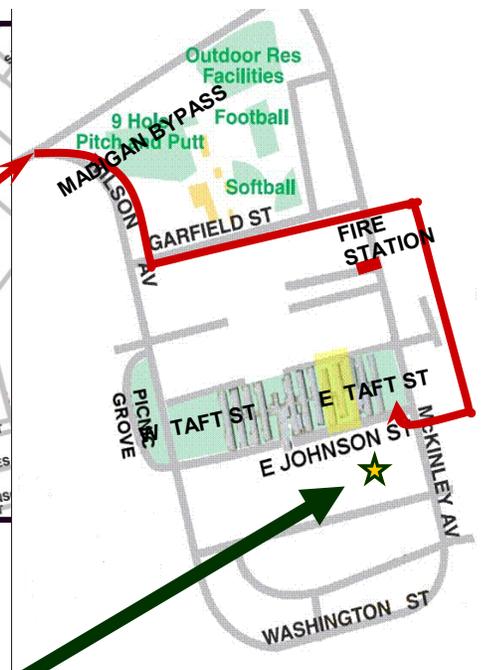
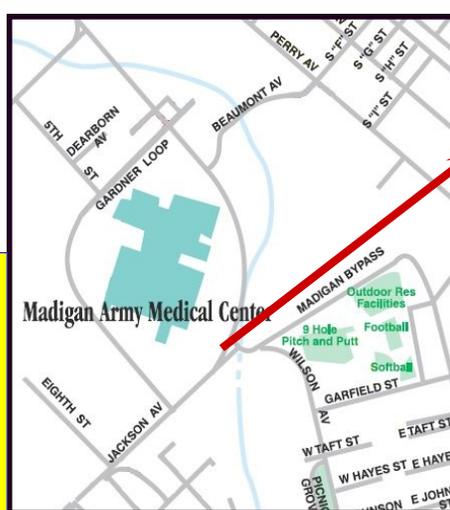
Behavioral health services are now available to spouses and children of AD Soldiers assigned to Ft. Lewis.

**Walk-in hours at SFRS are between 0800 and 1400 daily.
(see map & address below)**

Nisqually clinic offers behavioral health services to soldiers and family members enrolled there.

**Soldier & Family Readiness Service
BLDG 9924B, E Johnson St
Old Madigan Army Medical Ctr.**

**Nisqually Clinic Behavioral
Health
Bldg R3134
253-966-9833**



SFRS

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