

MADIGAN HEALTHCARE SYSTEM
 JOINT BASE LEWIS-MCCHORD
REFRACTIVE SURGERY CENTER
(253) 968-5516
Laser Eye Surgery Guidelines

- ✓ Active Duty or AGR only
- ✓ Mobilized Soldiers: only if they have 18 months remaining on Title 10 orders (active service) after scheduled date surgery
- ✓ ETS: 18 months or greater (after scheduled date of surgery)
- ✓ PCS: Not within 12 months
- ✓ Must be physically stationed with 50 miles of JBLM
- ✓ Females: no pregnancies, miscarriages, or nursing 6 months before initial screening or surgery
- ✓ No adverse actions, or pending a medical board
- ✓ Must be able to schedule surgery within 45 days of initial screening
- ✓ Participants are not deployable:
 - 30 Days after LASIK
 - 90 Days after PRK
- ✓ **Must have contact lenses out, and wearing current prescription glasses, for 30 consecutive days prior to initial screening date**
- ✓ Must have proof of annual eye exams with an **optometrist** within the last **two years**
- ✓ Must be able to make all follow-up appointments:

LASIK/IntraLase®	PRK
1 day	5-7 day
5-7 day	4-6 week
4-6 week	3 month
3 month	6 month
6 month	1 year (if necessary)
1 year (if necessary)	