



RTF Objectives

- *Increase Service Member fitness for duty and impact overall unit readiness*
- *Provide inpatient treatment services that focus on the needs and the individual Service Member, treating unique co-morbidities that may contribute to substance abuse dependencies, as well as emphasizing alcohol and drug abuse deterrence.*
- *Return to duty those personnel struggling with alcohol and substance use disorders who have the potential for continued military service*
- *Provide therapeutic support to Service Members and their families to enhance a sober lifestyle within the family system.*

Rehabilitation Scope of Services

The RTF provides comprehensive biopsychosocial intake evaluations, psychological testing and medical evaluation to patients during a 28-day inpatient treatment program. This includes the following services:

- American Society of Addiction Medicine (ASAM) Level III.7
- Management of withdrawal symptoms
- Rehabilitation team meetings with Command
- Specialized individual therapy
- Group counseling
- Motivational enhancement therapy
- Relapse prevention
- Referrals to ancillary services
- Military milieu therapy including physical therapy
- Spiritual counseling
- Recreational and occupational therapy
- Community reintegration

About Us

The Madigan Residential Treatment Facility (RTF) staff consists of a comprehensive multidisciplinary team of professionals which includes psychiatrists, psychiatric nurses, clinical psychologists, occupational and recreational therapists, nurse practitioners, licensed clinical social workers, a nurse case manager, administrative leadership and support staff and more.

Eligibility Criteria

Services are authorized for active duty personnel and activated reserve-component personnel eligible to receive military medical services. Treatment is provided for Service Members age 18 and older.

Referral Source

All referrals to the RTF must come from the service-specific program for alcohol and drug treatment (e.g., ASAP, ADAPT, NADAP). This ensures appropriate Command notification of potentially duty-limiting conditions and administrative requirements.

Command Information

Rehabilitation team meetings are conducted with Command on all admitted personnel while keeping in mind limitations on confidentiality. Our staff is prohibited from contacting family members without written consent. All patient visits and contacts are documented through the electronic medical record.

Recovery Sobriety Hope

Our Philosophy

Substance addiction/dependency is a progressive and chronic disease which is treatable. At Madigan's Residential Treatment Facility (RTF), treatment is focused on evidence-based behavioral interventions for reducing substance use, including motivational interviewing, 12-step recovery models, and other adjunct support therapies for treating addictions. This disease affects couples and families; therefore, our treatment approach emphasizes the importance of involving significant others together on the journey toward recovery.

Substance use disorders are detrimental to the military's operational readiness and command climate, and are inconsistent with the Army Values and the Warrior Ethos. The Army strives to be free from all effects of alcohol and drugs. Alcohol and drug use can seriously damage physical and mental health, jeopardize the safety of individuals and others, and can lead to criminal, disciplinary, and other administrative actions.

At the Madigan RTF, we offer military personnel the opportunity to engage in an intensive inpatient treatment regimen to become better educated about the disease and participate in treatment, while accepting responsibility for one's behavior.

Madigan Mission

Team Madigan proudly promotes the health and wellness of America's Military family.

Madigan Vision

Patient-centered in all we do.

Madigan RTF Mission

Provide intensive inpatient residential addictions treatment to military personnel with substance use disorders and dual diagnosis.

For more information, please call 253-968-3793 or 253-968-4065.



www.mamc.amedd.army.mil



MADIGAN
ARMY MEDICAL CENTER

MADIGAN
Residential Treatment Facility

Inpatient residential treatment facility (RTF) specializing in treating Service Members struggling with addiction.

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