A Provider's Guide to Behavioral Science Services at MAMC

PROBLEM	RESOURCES	HOW TO REFER/CONSULT
1. Unknown or Mixed Mental Health Problem	Mental Health Clinic Triage. Individual & Group Counseling. See *Group List*.	Send Consult to Unified Mental Health Emergency walk-ins accepted. Self-referrals through TRAC. **POC: On-Call Team or COL Hicks**, 968-2700 or 3172.
2. Depression	See #1. *Referral Guidelines pending*	See #1 *Clinical Pathway Pending*
3 Anxiety	See #1. *Referral Guidelines pending*	See #1. *Clinical Pathway pending*
4. Adjustment Disorder	Assessment & Tx	See #1.
5. Other Psychiatric D/O	Assessment & Tx; Psych Testing	See #1.
6. Stress Management	Individual Counseling & Groups	See #1 and *Group List*.
7. Grief	Individual Counseling; Grief & Loss Group	See #1. **Group POC: Eileen Stubblefield**, 968-2700 or 3172
8. Child & Adolescent Psychiatric Disorders	Assessment through BERT. Treatment generally outsourced through TRICARE.	Send consult to Psychology. Specify if BERT assessment is desired. **POC: MAJ Miles**, 968-2700
9. Parenting	New Parent Support Program - home visits & classes (eligible by branch of svc).	Provider or patient can call. Army 967 7409 **POC: Katia Shkurkin**, Air Force - 944-3084 Navy Bremerton - 360-476-6636 Oak Harbor - 360-257-6778.
	Parenting Classes	ACS Life Skills Classes Patient should call 967-7906. **POC: Ann White**
	Counseling/family education	See #14
10 Psychological Factors Affecting Physical Condition	Wellness Program. 4 group & 4 individual biofeedback sessions Addresses physical complaints, anxiety, pain, & depression.	Consult to Wellness OR patients may attend orientation Thursday 1030 or 1500. **POC: Mary Brencick**, 968 4846
11. Evaluation of Cognitive Functioning	Neuropsychological Assessment	Consult to Psychology **POC: Dr. Jack Norris**. 968-4893
12. Drug & Alcohol	Assessment, Education. Outpatient Treatment, Intensive Treatment (ISTOP)	Self or provider referral: Call - 967- 2202; FAX Consult to ADAPCP 967-1199; **POC: Greg Kuehler**
13. Child & Spouse Abuse	Assessment Reporting Protection Treatment	All providers are required to report any suspicions to *Family Advocacy* immediately. **968-4159/4161** **POC: Tom Mitchell**. See *Referral Guidelines*. On call after duty hours through Commo Center
14. Marital & Family Dysfunction	Marital & Family assessment, education, & treatment. Priority to families which may be at risk for child & spouse abuse. Also *Group List* & MAMC Chaplains	Fax consults to 968-4249 or CHCS to Social Work, Attn PIP. Self-referrals call *Preventive Intervention Program* 968-4159/4161. **POC: Randy Johnson.** Contraindications: Untreated substance abuse or psychiatric d/o
15 Outpatient Medical Social Work	Resource finding. Information & Referral; Support. See *Web Page*	Electronic Consult to Social Work **POC: Edith Banta-Hidalgo,** 968-2568, Beeper # 3498
16. *Inpatient Medical Social Work*	Discharge Planning, Psycho-social suppport, Crisis Intervention	*See Ward Social Worker* **POC: Diane DeBiec**, 968-2302 or Beeper 3449.
17. Inpatient Psychiatric Liaison/Consultation	Patient Consultation Staff Consultation Staff Crisis Intervention Education	Forward consult to Mental Health Clinic Phone staffing encouraged. **POC: LTC Christenson**, 968-3070, Beeper 968-4141-0553, **LTC Tyrell-Smith**, 968 2063, Beeper 968 0359 0331.
18. Medical Psycho-physiology	Biofeedback to address pelvic floor muscle dysfunction, chronic pain, children's migraines, tics, etc.	Contact **POC: Joan Wilson** 968-0512

For Tricare access problems, contact Kathy Kutscher 968-1552

1 July 99